Final Research Paper: Disease and Nutrition

The purpose of this assignment is to synthesize and apply the knowledge you gained in class into a well-written research paper. For this assignment, you will conduct research and write a paper containing three parts:

1. Part I: Analyze diet
2. Part II: Evaluate how the patient’s diet affects:
   * The person’s health (anatomy)
   * The progression of the illness (pathophysiology)
   * Common medications associated with the disease
3. Part III: Create patient SMART goals and an evidence-based plan of care (patient education)

Begin by selecting *one* of the patient profiles. You will use the patient profile to complete Parts I–III of the assignment.

In addition to the assignment specifics, your paper should:

* Be 4–5 pages, not including the title and reference pages.
* Source(s) should be integrated into the paragraphs. Use in-text citations pointing to evidence in the literature and supporting your ideas.
* Incorporate a minimum of two peer-reviewed sources into your paper.
* Use current APA format to style your paper and to cite your sources. Follow the list structure of the sample paper for the section on calculations.
* Include a title page and a reference page listing the sources you used. Be sure to plan enough time for proofreading and editing.